

Lakewood Gardens 2026
September Menu

Menu subject
to change
without prior notice.
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Residents, if you are requesting something different than what is on the menu, we ask that you PLEASE let Adam know 3 hours before meal time. BEVERAGES Breakfast Cranberry Juice Coffee - Hot Tea Hot Chocolate Milk - Water Lunch & Dinner Cranberry Juice Coffee - Hot Tea Lemonade Water - Ice Tea		BREAKFAST Fruit Juice, Milk, Fruit Cup Cream of Rice, Pancakes, Syrup LUNCH Green Salad, Dressing Chicken Supreme Bread Stuffing Green Peas, Sugar Cookies DINNER Vegetable Soup Spaghetti & Meat Sauce Green Beans, Garlic Bread Fresh Fruit	BREAKFAST Fruit Juice, Milk, Fruit Cup Malt-o-Meal, Coffee Cake Scrambled Egg ANNUAL HAWAIIAN LUAU Green Salad, Dressing Teriyaki Chicken, Fried Rice Stir Fry Vegetables, Hawaiian Rolls Strawberry Pudding DINNER Cream of Chicken Soup, Deli Meat Sandwich, Potato Chips, Watermelon	BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Waffles, Toast LUNCH Coleslaw, Sliced Ham, Sweet Potato Casserole, Mixed Vegetables, Bread Peanut Butter Cookies DINNER Vegetable Soup, Meatballs in Gravy Over Noodles, Sliced Carrots, Bread Bread Pudding	BREAKFAST Fruit Juice, Milk, Fruit Cup Cream of Rice, French Toast, Syrup LUNCH 3-Bean Salad, Chicken Pattie Gravy, Bowtie Noodles, Zucchini Roll, Spiced Pears DINNER Lentil Soup, Garlic Bread Spaghetti w/Meat Sauce Mixed Vegetables, Carrot Cake	BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Scrambled Egg, Toast LUNCH Beef Stir Fry, Steamed Rice Green Beans, Bread Vanilla Pudding DINNER Beef Barley Soup Grilled Cheese Sandwich Green Peas Chilled Pineapple Tidbits
BREAKFAST Fruit Juice, Milk, Fruit Cup Cream of Wheat Cheese Omelet, Toast LUNCH Green Salad, Dressing, Bread Sliced Pork, Gravy, Mashed Potatoes Spinach, Sherbet DINNER Corn Chowder Soup Beef & Macaroni, Carrots, Bread Apple Crisp	Labor Day BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Buttermilk Pancakes, Syrup LUNCH Cucumber, Vinegarette, Baked Fish Oven Fried Potatoes, Bread Creole Tomatoes Fresh Fruit DINNER Beef Stew w/Vegetables, Biscuit Custard	BREAKFAST Fruit Juice, Milk, Fruit Cup Malt-o-Meal, Scrambled Egg Bran Muffin LUNCH Green Salad, Dressing, Beef & Vegetable Fajitas, Flour Tortillas Beans, Oatmeal Cookies DINNER Vegetable Soup, Hot Turkey Gravy, Mixed Vegetables Bread, Ambrosia	BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Hard Boiled Egg, Toast LUNCH Green Salad, Dressing BBQ Chicken, Steamed Rice Sliced Zucchini, Bread Strawberry Ice Cream DINNER Split Pea Soup, Hamburger on a Bun French Fries, Leaf Lettuce & Tomato Slice, Peaches	BREAKFAST Fruit Juice, Milk, Fruit Cup Cream of Rice, Coffee Cake Scrambled Eggs LUNCH Zucchini & Tomato Salad Sweet & Sour Pork, White Rice Green Beans, Cookies DINNER Vegetable Soup Scalloped Potatoes w/Diced Ham Broccoli, Bread, Apple Whip	Patriot Day Rosh Hashanah (begins at sundown) BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Scrambled Eggs, Toast LUNCH Green Salad w/Dressing, Roll Turkey, Mashed Potatoes, Gravy Green Beans, Jello Cubes w/Topping DINNER Barley Soup, Tuna Salad Place, Fruity Carrot Salad, Bread, Carrot Cake	BREAKFAST Fruit Juice, Milk, Fruit Cup Cream of Wheat, French Toast, Syrup LUNCH Green Salad, Dressing Beef Stroganoff over Noodles Mixed Vegetables, Bread Frosted Cake DINNER Mushroom Soup, Potato Salad BBQ Pork on Bun Chilled Pineapple Tidbits
BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Corned Beef, Toast LUNCH Green Salad, Dressing Chicken w/Gravy, Mashed Potatoes Seasoned Spinach, Bread Sliced Spice Apples DINNER Cream of Tomato Soup Macaroni & Cheese Green Beans, Corn Bread, Fresh Fruit	BREAKFAST Fruit Juice, Milk, Fruit Cup Malt-o-Meal, Pancakes, Syrup LUNCH Cucumber & Tomato Salad Beef Stir Fry over Steamed Rice Japanese Vegetables, Bread Chocolate Pudding DINNER Vegetable Soup, Egg Salad Sandwich Coleslaw Cran-Apple Crisp	BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Hard Boiled Egg, Toast LUNCH Beet Salad, Roast Pork, Gravy Mashed Potatoes, Sliced Zucchini Bread, Frosted Cake DINNER Beef Barley Soup Roast Beef Sandwich Potato Chips, Sliced Peaches	BREAKFAST Fruit Juice, Milk, Fruit Cup Cream of Rice, French Toast, Syrup LUNCH Green Salad, Dressing Sloppy Joe on Bun, Green Beans Macaroni Salad, Fresh Fruit Cup DINNER Lentil Soup Baked Fish, Mashed Potatoes Beets, Bread, Brownie	BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Scrambled Egg, Toast LUNCH Green Salad, Dressing Chicken Creole, Mashed Potatoes Peas & Carrots, Bread, Cookies DINNER Turkey Soup, Grilled Cheese Sandwich, Pickle Chips, Broccoli Pudding	BREAKFAST Fruit Juice, Milk, Fruit Cup Cream of Wheat, Coffee Cake LUNCH Green Salad, Dressing, Lasagna Italian Blend Vegetables Roll, Sliced Apples DINNER Beef Barley Soup BLT Sandwich Potato Chips, Sliced Tomatoes Carrot Cake	BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Cheesy Scrambled Egg Toast LUNCH Green Salad, Dressing, Roast Pork Gravy, Steamed Rice, Green Peas Bread, Spiced Apple Sauce DINNER Cream of Tomato Soup, Ravioli Green Beans, Garlic Bread Cookie
Yom Kippur (begins at sundown) BREAKFAST Fruit Juice, Milk, Fruit Cup Malt-o-Meal, French Toast, Syrup LUNCH Green Salad w/Dressing Cheese Enchiladas, Beans Apple Crisp DINNER Bean Soup, Chicken Tetrazzini Steamed Carrots Cornbread, Fresh Fruit	BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Hard Boiled Egg, Toast LUNCH Beet & Carrot Salad Roast Beef, Gravy, Mashed Potatoes Pineapple Tidbits DINNER Cream of Broccoli Soup Deli Meat Sandwich, Pasta Salad Lettuce, Tomato Peanut Butter Cookies	1st Day of Autumn BREAKFAST Fruit Juice, Milk, Fruit Cup Cream of Rice, Pancakes, Syrup LUNCH Green Salad, Dressing Chicken Supreme Bread Stuffing Green Peas, Fresh Fruit DINNER Vegetable Soup Spaghetti & Meat Sauce, Green Beans, Garlic Bread, Fresh Fruit	BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Scrambled Egg, Toast LUNCH Green Salad, Dressing Salisbury Steak, Mashed Potatoes Sliced Carrots, Roll Frosted Chocolate Cake DINNER Split Pea Soup, Hot Turkey Sandwich over Toast w/Gravy Mashed Potatoes, Beets Strawberry Yogurt	BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Scrambled Egg, Toast LUNCH Green Salad Tuna Noodle Casserole Mixed Vegetables, Peaches DINNER Cream of Celery Soup Hamburger on Bun, Potato Salad Sliced Tomato, Lettuce Fresh Fruit	BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Scrambled Egg Slice of Toast, Margarine LUNCH Green Salad, Dressing Baked Chicken, Mashed Potatoes Spinach, Bread, Chocolate Cookies Peaches DINNER Vegetable Soup, Deli Meat Sandwich, Lettuce, Tomato Potato Chips, Gelatin w/Fruit	BREAKFAST Fruit Juice, Milk, Fruit Cup Cream of Rice, French Toast, Syrup LUNCH Carrot Salad, Ravioli, Mixed Vegetables, Garlic Bread, Ice Cream DINNER Tomato Soup, Turkey Tetrazzini Steamed Broccoli, Bead Sliced Peaches
BREAKFAST Fruit Juice, Milk, Fruit Cup Malt-o-Meal, French Toast, Syrup LUNCH Green Salad w/Dressing Oven Fried Fish Tartar Sauce, Corn & Pimentos Broccoli, Yellow Cake DINNER Chili Con Carne, Cornbread Grated Cheese, Chopped Onions Jello Cubes	BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Hard Boiled Egg, Toast LUNCH Sliced Cucumbers w/Sour Cream Sweet & Sour Chicken, White Rice Seasoned Peas, Fruit Cup DINNER Cream of Broccoli Soup Deli Meat Sandwich, Pasta Salad Lettuce, Tomato Carrot Cake	BREAKFAST Fruit Juice, Milk, Fruit Cup Cream of Rice, Pancakes, Syrup LUNCH Green Salad, Dressing Chicken Supreme Bread Stuffing Green Peas, Sugar Cookies DINNER Vegetable Soup Spaghetti & Meat Sauce Green Beans, Garlic Bread Fresh Fruit	BREAKFAST Fruit Juice, Milk, Fruit Cup Malt-o-Meal, Coffee Cake Scrambled Egg LUNCH Green Salad, Dressing Baked Fish, Tator Tots, Sliced Zucchini Bread, Chocolate Cake DINNER Chicken Noodle Soup Teriyaki Chicken, White Rice Stir Fry Vegetables, Bread, Yogurt	The Month of September is... All American Breakfast Month Classical Music Month Healthy Aging Month International Square Dancing Month Library Card Sign-Up Month National Americana Month National Apple Month National Chicken Month National Cholesterol Education Month National Courtesy Month National Honey Month National Piano Month National Self Improvement Month National Sewing Month National Square Dance Month National Wilderness Month National Yoga Month Social Wellness Self-Improvement Month Whole Grains Month World Alzheimer's Month World Candle Month		