

Lakewood Gardens 2025
November Menu

Menu subject
to change
without prior notice.
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST Fruit Juice, Milk, Fruit Cup Cream of Rice Cinnamon French Toast, Syrup LUNCH 3-Bean Salad, Teriyaki Meatballs Oriental Vegetables, Rice Apple Crisp DINNER Cream of Celery Soup, Scalloped Potatoes w/Diced Ham Scandanavian Vegetables Fresh Fruit 30	The Month of November is... Adopt a Turkey Month America Recycles Month American Diabetes Month Art Every Day Month Aviation History Month Good Nutrition Month Family Stories Month Month of the Military Family National Adoption Month National Alzheimer's Disease Month National Family Caregivers Month National Fragrance Month National Gratitude Month National Novel Writing Month National Pomegranate Month National Scholarship Month National Stuffing Month Native American Heritage Month Real Jewelry Month Picture Book Month Peanut Butter Lovers Month World Vegan Month			Residents, if you are requesting something different than what is on the menu, we ask that you PLEASE let Adam know 3 hours before meal time. BEVERAGES Breakfast Cranberry Juice Coffee - Hot Tea Hot Chocolate Milk - Water Lunch & Dinner Cranberry Juice Coffee - Hot Tea Lemonade Water - Ice Tea  "The thankful receiver bears a plentiful harvest." ~William Blake	 HAPPY Thanksgiving Day	Day of the Dead (Día de los Muertos) BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Scrambled Egg, Biscuit LUNCH Green Salad, Dressing Pork and Rice Casserole Sliced Carrots, Bread, Margarine Spiced Apple Sauce DINNER Clam Chowder Soup, Deli Meat Sandwich, Potato Chips, Cookie 1
BREAKFAST Fruit Juice, Milk, Fruit Cup Cream of Rice Cinnamon French Toast, Syrup LUNCH 3-Bean Salad, Teriyaki Meatballs Oriental Vegetables, Rice Apple Crisp DINNER Cream of Celery Soup, Scalloped Potatoes w/Diced Ham Scandanavian Vegetables Fresh Fruit 2	BREAKFAST Fruit Juice, Milk, Toast Oatmeal, Scrambled Egg w/Sausage LUNCH Green Salad, Dressing Salisbury Steak, Gravy, Fluffy Rice Carrots, Pineapple Tidbits DINNER Minestrone Soup, Macaroni and Cheese, Seasoned Broccoli Garlic Bread, Peanut Butter Cookies 3	Election Day BREAKFAST Fruit Juice, Milk, Toast Cream of Wheat, Hard Boiled Egg LUNCH Green Salad, Dressing Oven Baked Chicken, Gravy Whipped Potatoes, Corn, Bread Fresh Fruit DINNER Beef Barley Soup Roast Beef Sandwich Potato Chips, Fresh Fruit 4	BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Buttermilk Pancakes, Syrup LUNCH Sliced Cucumber w/Vinaigrette Sliced Roast Pork, Rice Pilaf, Wax Beans, Frosted Chocolate Cake DINNER Vegetable Soup, Oven Baked Fish Carrots, Mashed Potatoes Seasoned Spinach Strawberry Yogurt 5	BREAKFAST Fruit Juice, Milk, Bacon Malt-o-Meal, Scrambled Egg Bran Muffin, Margarine LUNCH Green Salad, Dressing, Meatloaf Mashed Potatoes, Gravy, Seasoned Zucchini, Bread, Peach Crisp DINNER Cream of Tomato Soup, Ham and Cheese Sandwich, Macaroni Salad Fresh Fruit 6	BREAKFAST Fruit Juice, Milk, Toast Oatmeal, Ham & Cheese Omelet LUNCH Green Salad, Dressing, Cheese Enchiladas, Spanish Rice Refried Beans, Chocolate Cookies DINNER Lentil Soup, Swedish Meatballs over Egg Noodles, Italian Vegetables Gelatin w/Fruit 7	BREAKFAST Fruit Juice, Milk, Fruit Cup Cream of Rice, French Toast, Syrup LUNCH Carrot Salad, Citrus Baked Chicken Parslied Potatoes, Mixed Vegetables Bread, Ice Cream DINNER Chicken Noodle Soup BLT Sandwich, French Fries Sliced Peaches 8
BREAKFAST Fruit Juice, Milk, Toast Oatmeal, Scrambled Egg w/Diced Sausage LUNCH 3-Bean Salad, Roast Beef & Gravy Scalloped Potatoes, Roll Yellow Cake DINNER Vegetable Soup, Surf Burger on Bun Tator Tots, Tomato, Lettuce Jello Cubes 9	BREAKFAST Fruit Juice, Milk, Fruit Cup Cream of Wheat, Pancakes, Syrup LUNCH Green Salad, Dressing Sweet 'n' Sour Chicken, Fried Rice Seasoned Peas, Bread Rainbow Sherbet DINNER Cream of Broccoli Soup Bologna Sandwich, Corn Chips Carrot Cake 10	Veteran's Day BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Hard Boiled Egg, Toast LUNCH Green Salad, Dressing, Garlic Bread Spaghetti w/Meat Sauce Sugar Cookies DINNER Split Pea Soup, Deli Meat Sandwich Potato Salad, Pickle Wedge Custard 11	BREAKFAST Fruit Juice, Milk, Fruit Cup Malt-o-Meal, French Toast, Syrup LUNCH Sliced Cucumber w/Vinaigrette Sliced Roast Pork, Gravy Mashed Potatoes, Broccoli, Roll Chocolate Cake DINNER Beef Stew w/Vegetables Cornbread, Fresh Fruit 12	BREAKFAST Fruit Juice, Milk, Oatmeal Cheese Omelet, Toast LUNCH Beet Salad, Chicken Cacciatore Egg Noodles, Seasoned Spinach Bread, Peanut Butter Cookies DINNER Vegetable Soup, Beef Fried Steak Country Gravy, Potato Wedges Yellow Squash, Bread Coconut Pudding 13	BREAKFAST Fruit Juice, Milk, Fruit Cup Cream of Rice, Coffee Cake Scrambled Egg w/Diced Ham LUNCH Green Salad, Dressing Oven Baked Fish, Rice Pilaf Sliced Carrots, Spiced Pears DINNER Beef Barley Soup, Turkey Tetrazinni Waxed Beans, Bread, Carrot Cake 14	BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Pancakes, Syrup LUNCH Carrot Salad, Garlic Bread Italian Style Lasagna, Zucchini Vanilla Pudding DINNER Cream of Tomato Soup Pork Rib Patties on Bun, Green Peas Chilled Pineapple Tidbits 15
BREAKFAST Fruit Juice, Milk, Toast Cream of Wheat, Cheese Omelet LUNCH Green Salad, Dressing, Dinner Roll Chicken Teriyaki, Rice Japanese Vegetables, Sherbet DINNER Green Salad, Cornbread Chili Con Carne, Grated Cheese Apple Crisp 16	BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, French Toast, Syrup LUNCH Green Salad, Dressing Cheese Manicotti, Egg Noodles Green Beans, Bread, Fresh Fruit DINNER Minestone Soup, Tuna Salad Sandwich on Bun, Tator Tots Custard 17	BREAKFAST Fruit Juice, Milk, Fruit Cup Malt-o-Meal, Scrambled Egg, Toast LUNCH Green Salad, Dressing, Bread Breaded Fish, Mashed Potatoes Sliced Carrots, Oatmeal Cookies DINNER Split Pea Soup, Pastrami Sandwich Potato Chips, Peaches 18	BREAKFAST Fruit Juice, Milk, Oatmeal Coffee Cake, Scrambled Egg w/Diced Sausage, Fruit Cup LUNCH Green Salad, Sliced Turkey, Gravy Green Peas, Stuffing, Bread Strawberry Ice Cream DINNER Vegetable Soup, Ravioli Italian Vegetables, Bread Ambrosia 19	BREAKFAST Fruit Juice, Milk, Fruit Cup Cream of Rice, Hard Boiled Egg, Toast LUNCH Green Salad, Dressing Beef Faijitas, Flour Tortillas Refried Beans, Spanish Rice Frosted Caked DINNER Zucchini Soup, Hot Dog on Bun Oven Baked Red Potatoes Apple Whip 20	BREAKFAST Fruit Juice, Milk, Oatmeal Pancakes, Syrup, Fruit Cup LUNCH Green Salad, Salisbury Steak Gravy, Seasoned Spinach Whipped Potatoes, Bread Gello Cubes w/Topping DINNER Clam Chowder Sloppy Joe w/ Bun, French Fries Carrot Cake 21	BREAKFAST Fruit Juice, Milk, Toast Cream of Wheat, Scrambled Egg w/Diced Bacon LUNCH Green Salad w/Dressing, Bread BBQ Baked Chicken, Rice Corn with Carrots, Frosted Cake DINNER Cream of Chicken Soup Pepperoni Pizza, Green Salad Chilled Pineapple Tidbits 22
BREAKFAST Fruit Juice, Milk, Oatmeal Scrambled Eggs, Toast LUNCH Green Salad, Roast Pork Gravy, Au Gratin Potatoes Wax Beans, Bread Sliced Spice Apples DINNER Bean Soup, Grilled Cheese Sandwich Carrots, Pineapple Salad, Fresh Fruit 23	BREAKFAST Fruit Juice, Milk, Fruit Cup Cream of Rice, French Toast, Syrup LUNCH Diced Tomato Salad Stir Fry Chicken, Vegetables Steamed Rice Chocolate Pudding DINNER Cream of Broccoli Soup Beef and Macaroni, Zucchini Bread, Cran-Apple Crisp 24	BREAKFAST Fruit Juice, Milk, Oatmeal Hard Boiled Egg, Toast LUNCH Green Salad, Dressing, Beef Steak Gravy, Corn w/Pimento Mashed Potatoes, Pineapple Cake DINNER Tomato Soup, Tuna Salad Sandwich 3-Bean Salad, Sliced Peaches 25	BREAKFAST Fruit Juice, Milk, Fruit Cup Cream of Wheat, Pancakes, Syrup LUNCH Sliced Cucumber w/Sour Cream Beef Stroganoff over Noodles Broccoli, Bread, Fresh Fruit Cup DINNER Chicken Noodle Soup Hamburger on Bun, French Fries Brownie 26	Thanksgiving BREAKFAST Fruit Juice, Milk, Oatmeal Cheese Omelet, Toast LUNCH Green Salad, Dressing, Sweet 'n' Sour Pork, White Rice, Green Beans Oatmeal Cookies DINNER Split Pea Soup, Turkey a la King Toast, Mixed Vegetables Butterscotch Pudding 27	BREAKFAST Fruit Juice, Milk, Fruit Cup Malt-O-Meal, French Toast, Syrup LUNCH Carrot Salad, Chicken Macaroni & Cheese, Sliced Zucchini Cornbread, Sherbet DINNER Beef Barley Soup, Cottage Pie Peas and Carrots, Dinner Roll Carrot Cake w/Frosting 28	BREAKFAST Fruit Juice, Milk, Fruit Cup Oatmeal, Scrambled Egg, Biscuit LUNCH Green Salad, Dressing Pork and Rice Casserole Sliced Carrots, Bread, Margarine Spiced Apple Sauce DINNER Clam Chowder Soup, Deli Meat Sandwich, Potato Chips, Cookie 29