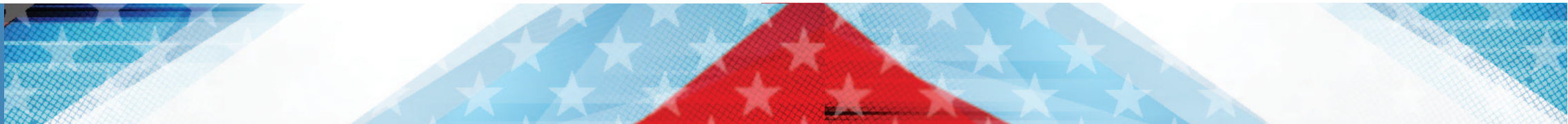



Lakewood Gardens 2024  
July Menu

Menu  
subject to  
change without  
prior notice.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>“Liberty is the breath of life to nations.”</p> <p>~ George Bernard Shaw</p> <p><i>America</i> </p>	<p><u>BREAKFAST</u> <b>1</b></p> <p>Fruit Juice, Milk, Fruit Cup Cream of Wheat, French Toast, Syrup</p> <p><u>LUNCH</u></p> <p>Green Salad, Dressing Teriyaki Chicken, Oriental Vegetables White Rice, Bread, Fresh Fruit Cup</p> <p><u>DINNER</u></p> <p>BBQ Pork on Bun, Lentil Soup French Fries, Cookies</p>	<p><u>BREAKFAST</u> <b>2</b></p> <p>Fruit Juice, Milk, Oatmeal Scrambled Eggs, Toast, Fruit Cup</p> <p><u>LUNCH</u></p> <p>Green Salad, Dressing Cheese Enchiladas Refried Beans, Sour Cream Sliced Peaches</p> <p><u>DINNER</u></p> <p>Cream of Tomato Soup Macaroni &amp; Cheese, Green Beans Corn Bread, Chocolate Pudding</p>	<p><u>BREAKFAST</u> <b>3</b></p> <p>Fruit Juice, Milk, Fruit Cup Pancakes, Malt-O-Meal</p> <p><u>LUNCH</u></p> <p>Sliced Cucumber, Vinaigrette Meat Loaf, Steamed Rice, Seasoned Peas, Bread, Yogurt</p> <p><u>DINNER</u></p> <p>Vegetable Soup, Potato Chips Sliced Ham Sandwich Frosted Spice Cake</p>	<p><i>Independence Day</i> <u>BREAKFAST</u> <b>4</b></p> <p>Fruit Juice, Milk, Oatmeal Scrambled Egg, Toast</p> <p><u>INDEPENDENCE DAY LUNCH</u></p> <p>Green Salad, Dressing, Hamburger on Bun, French Fries, Baked Beans Watermelon</p> <p><u>DINNER</u></p> <p>Vegetable Soup, Spaghetti &amp; Meatballs, Mixed Vegetables Pineapple</p>	<p><u>BREAKFAST</u> <b>5</b></p> <p>Fruit Juice, Cream of Rice Milk, French Toast</p> <p><u>LUNCH</u></p> <p>Green Salad, Dressing BBQ Chicken, Rice, Carrots Chocolate Pudding</p> <p><u>DINNER</u></p> <p>Split Pea Soup, Coleslaw Turkey &amp; Cheese Sandwich Gingerbread Cake</p>	<p><u>BREAKFAST</u> <b>6</b></p> <p>Fruit Juice, Milk, Oatmeal Hard Boiled Egg, Toast</p> <p><u>LUNCH</u></p> <p>Beet Salad, Mostaccioli w/Meat Sauce, Sliced Zucchini Fruit in Season</p> <p><u>DINNER</u></p> <p>Minestrone Soup, Baked Fish Boiled Potatoes, Spinach, Bread Chilled Pears</p>	
<p><u>BREAKFAST</u> <b>7</b></p> <p>Fruit Juice, Milk Cream of Wheat, Scrambled Egg Coffee Cake, Banana Half, Toast</p> <p><u>LUNCH</u></p> <p>Baked Chicken, Gravy, Stuffing Green Beans, Pudding</p> <p><u>DINNER</u></p> <p>Beef Barley Soup, Chili Con Carne with Cheddar Cheese, Cornbread Cookies</p>	<p><u>BREAKFAST</u> <b>8</b></p> <p>Fruit Juice, Milk, Oatmeal Cheesy Scrambled Egg, Toast Fruit Cup</p> <p><u>LUNCH</u></p> <p>Green Salad, Slice of Ham Au Gratin Potatoes, Peas, Bread Yogurt</p> <p><u>DINNER</u></p> <p>Tomato Soup Grilled Cheese Sandwich 3 Bean Salad, Pear Crisp</p>	<p><u>BREAKFAST</u> <b>9</b></p> <p>Fruit Juice, Milk, Toast Malt-O-Meal, Pancakes, Syrup</p> <p><u>LUNCH</u></p> <p>Green Salad, Dressing, Chicken Fajitas, Refried Beans, Cookies</p> <p><u>DINNER</u></p> <p>Cream of Broccoli Soup BLT Sandwich, French Fries Custard</p>	<p><u>BREAKFAST</u> <b>10</b></p> <p>Fruit Juice, Milk, Oatmeal Hard Boiled Egg, Toast, Fruit Cup</p> <p><u>LUNCH</u></p> <p>Green Salad, Dressing Beef &amp; Rice Casserole, Carrots and Corn, Bread, Pineapple</p> <p><u>DINNER</u></p> <p>Minestrone Soup, Tuna Salad Sandwich, Potato Chips, Tomato &amp; Lettuce, Coconut Pudding</p>	<p><u>BREAKFAST</u> <b>11</b></p> <p>Fruit Juice, Milk Cream of Rice, Scrambled Egg</p> <p><u>LUNCH</u></p> <p>Green Salad, Creamy Chicken &amp; Bowtie Noodles, Seasoned Carrots Dinner Roll, Sliced Peaches</p> <p><u>DINNER</u></p> <p>White Bean Soup Roast Beef Sandwich Green Pea Salad, Vanilla Pudding</p>	<p><u>BREAKFAST</u> <b>12</b></p> <p>Fruit Juice, Milk, Oatmeal Scrambled Egg, Toast, Fruit Cup</p> <p><u>LUNCH</u></p> <p>Green Salad, Sloppy Joe on Bun Potato Salad, Cherry Crunch</p> <p><u>DINNER</u></p> <p>Split Pea Soup, Grilled Ham &amp; Cheese Sandwich, Potato Chips Fresh Fruit Compote</p>	<p><u>BREAKFAST</u> <b>13</b></p> <p>Fruit Juice, Milk, Fruit Cup Cream of Wheat, French Toast, Syrup</p> <p><u>LUNCH</u></p> <p>Green Salad, Dressing Chili Dog, French Fries Chilled Pears</p> <p><u>DINNER</u></p> <p>Cream of Celery Soup Mini Pepperoni Pizza, Caesar Salad Orange Wedge Brownie</p>	
<p><u>BREAKFAST</u> <b>14</b></p> <p>Fruit Juice, Milk, Oatmeal Scrambled Eggs, Toast, Fruit Cup</p> <p><u>LUNCH</u></p> <p>Green Salad, Dressing Baked Chicken, Gravy, Seasoned Peas, Mashed Potatoes Apple Pie</p> <p><u>DINNER</u></p> <p>Vegetable Soup, Macaroni &amp; Cheese Green Beans, Cornbread, Fresh Fruit</p>	<p><u>BREAKFAST</u> <b>15</b></p> <p>Fruit Juice, Milk Cream of Rice, Pancakes</p> <p><u>LUNCH</u></p> <p>Green Salad, Swedish Meatballs Green Beans, White Rice Bread, Jello</p> <p><u>DINNER</u></p> <p>Lentil Soup, Turkey Rice Casserole Steamed Broccoli, Bread Spiced Pears</p>	<p><u>BREAKFAST</u> <b>16</b></p> <p>Fruit Juice, Milk, Toast Cream of Wheat, Cheese Omelette Fruit Cup</p> <p><u>LUNCH</u></p> <p>Green Salad, Dressing Cheese Enchiladas, Refried Beans Spiced Peaches</p> <p><u>DINNER</u></p> <p>Chicken Noodle Soup BBQ Beef on Bun, Tator Tots Gingerbread Cake</p>	<p><u>BREAKFAST</u> <b>17</b></p> <p>Fruit Juice, French Toast Cream of Wheat, Fruit Cup</p> <p><u>LUNCH</u></p> <p>Sliced Cucumber w/Vinaigrette Salisbury Steak, Rice, Broccoli Bread, Fresh Fruit Cup</p> <p><u>DINNER</u></p> <p>Navy Bean Soup, Tuna Salad Sandwich, 3 Bean Salad, Custard</p>	<p><u>BREAKFAST</u> <b>18</b></p> <p>Fruit Juice, Milk, Oatmeal Cheese Omelette, Toast, Fruit Cup</p> <p><u>LUNCH</u></p> <p>Green Salad, Chicken Parmesan Spaghetti Noodles, Mixed Vegetables, Cookies</p> <p><u>DINNER</u></p> <p>Split Pea Soup, Ham &amp; Cheese Sandwich, Coleslaw Peach Crisp</p>	<p><u>BREAKFAST</u> <b>19</b></p> <p>Fruit Juice, Milk, Toast Malt-O-Meal, Pancakes, Syrup</p> <p><u>LUNCH</u></p> <p>Salad w/Dressing, Baked Fish Tater Tots, Sliced Zucchini, Bread Yellow Cake w/Topping</p> <p><u>DINNER</u></p> <p>Clam Chowder, Hot Dog on a Bun, French Fries, Baked Beans, Fresh Fruit</p>	<p><u>BREAKFAST</u> <b>20</b></p> <p>Fruit Juice, Milk, Oatmeal Scrambled Eggs, Toast</p> <p><u>LUNCH</u></p> <p>Pork and Rice Casserole Broccoli, Dinner Roll Blueberry Crisp</p> <p><u>DINNER</u></p> <p>Cream of Tomato Soup Grilled Cheese Sandwich Tater Tots, Pears</p>	
<p><u>BREAKFAST</u> <b>21</b></p> <p>Fruit Juice, Milk, Toast Fruit Cup, Cream of Rice Cinnamon French Toast</p> <p><u>LUNCH</u></p> <p>Green Salad, Dressing, Beef &amp; Macaroni, Green Beans, Bread Cookies</p> <p><u>DINNER</u></p> <p>Minestrone Soup, Tuna Salad Sandwich, Potato Chips, Tomato &amp; Lettuce, Coconut Pudding</p>	<p><u>BREAKFAST</u> <b>22</b></p> <p>Fruit Juice, Milk, Oatmeal Scrambled Eggs, Toast</p> <p><u>LUNCH</u></p> <p>Sweet and Sour Chicken White Rice, Oriental Vegetables Bread, Strawberry Yogurt</p> <p><u>DINNER</u></p> <p>Beef Barley Soup, Green Pea Salad Pastrami Sandwich on Rye Bread Fresh Fruit</p>	<p><u>BREAKFAST</u> <b>23</b></p> <p>Fruit Juice, Milk, Toast Cream of Wheat, Cheese Omelette Fruit Cup</p> <p><u>LUNCH</u></p> <p>Green Salad, Dressing Beef Fajitas, Refried Beans Spiced Peaches</p> <p><u>DINNER</u></p> <p>Corn Chowder Soup Honey Baked Ham, Sweet Yams Seasoned Carrots, Jello</p>	<p><u>BREAKFAST</u> <b>24</b></p> <p>Fruit Juice, Milk, Oatmeal Buttermilk Pancakes, Syrup, Fruit Cup</p> <p><u>LUNCH</u></p> <p>Cucumber Vinaigrette, Baked Fish Oven Fried Potatoes, Creole Tomatoes, Bread, Frosted Brownie</p> <p><u>DINNER</u></p> <p>Beef Stew w/Vegetables, Biscuit Chocolate Cookies</p>	<p><u>BREAKFAST</u> <b>25</b></p> <p>Fruit Juice, Milk, Oatmeal Scrambled Egg, Bran Muffin</p> <p><u>LUNCH</u></p> <p>Green Salad, Dressing, Lasagna Blend of Vegetables, Garlic Bread Fruit Cup</p> <p><u>DINNER</u></p> <p>Cabbage Soup, Chicken Salad Sandwich, Potato Salad Bread Pudding</p>	<p><u>BREAKFAST</u> <b>26</b></p> <p>Fruit Juice, Milk, Oatmeal Hard Boiled Egg, Toast, Fruit Cup</p> <p><u>LUNCH</u></p> <p>Green Salad, Dressing BBQ Chicken, Rice, Zucchini Chocolate Pudding</p> <p><u>DINNER</u></p> <p>Split Pea Soup, Hamburger on Bun French Fries, Leaf Lettuce Tomato Slice, Frosted Cake</p>	<p><u>BREAKFAST</u> <b>27</b></p> <p>Fruit Juice, Milk, Toast Cream of Rice, Coffee Cake Scrambled Egg w/Sausage</p> <p><u>LUNCH</u></p> <p>Green Salad, Dressing, Beef and Macaroni, Mixed Vegetables, Bread Raisin Oatmeal Cookies</p> <p><u>DINNER</u></p> <p>Vegetable Soup, Ham and Cheese Sandwich, 3 Bean Salad, Tomato Lettuce, Fruit Cocktail</p>	
<p><u>BREAKFAST</u> <b>28</b></p> <p>Fruit Juice, Milk, Toast Oatmeal, Scrambled Eggs, Fruit Cup</p> <p><u>LUNCH</u></p> <p>Green Salad, Dressing, Dinner Roll Chicken Fried Steak Mashed Potatoes, Green Beans Frosted Cake</p> <p><u>DINNER</u></p> <p>Barley Soup, Tuna Salad, Fruit Carrot Salad, Bread, Cherry Crunch</p>	<p><u>BREAKFAST</u> <b>29</b></p> <p>Fruit Juice, Milk, Fruit Cup Cream of Wheat, French Toast, Syrup</p> <p><u>LUNCH</u></p> <p>Green Salad, Dressing Teriyaki Chicken, Oriental Vegetables White Rice, Bread, Fresh Fruit Cup</p> <p><u>DINNER</u></p> <p>BBQ Pork on Bun, Lentil Soup French Fries, Cookies</p>	<p><u>BREAKFAST</u> <b>30</b></p> <p>Fruit Juice, Milk, Oatmeal Scrambled Eggs, Toast, Fruit Cup</p> <p><u>LUNCH</u></p> <p>Green Salad, Dressing Cheese Enchiladas Refried Beans, Sour Cream Sliced Peaches</p> <p><u>DINNER</u></p> <p>Cream of Tomato Soup Macaroni &amp; Cheese, Green Beans Corn Bread, Chocolate Pudding</p>	<p><u>BREAKFAST</u> <b>31</b></p> <p>Fruit Juice, Milk, Fruit Cup Pancakes, Malt-O-Meal</p> <p><u>LUNCH</u></p> <p>Sliced Cucumber, Vinaigrette Meat Loaf, Steamed Rice, Seasoned Peas, Bread, Yogurt</p> <p><u>DINNER</u></p> <p>Vegetable Soup, Potato Chips Sliced Ham Sandwich Frosted Spice Cake</p>	<p><b>The Month of July is...</b></p> <p>Air Conditioning Appreciation Month Family Golf Month Make a Difference to Children Month Nat'I Anti-Boredom Month Nat'I Blueberry Month Nat'I Culinary Arts Month Nat'I Dry Eye Awareness Month Nat'I Family Reunion Month Nat'I Grilling Month Nat'I Hot Dog Month</p> <p>Nat'I Ice Cream Month Nat'I Park &amp; Recreation Month Nat'I Peach Month Nat'I Picnic Month Nat'I Purposeful Parenting Month Nat'I Watermelon Month Social Wellness Month Nat'I Wheelchair Beautification Month UV Safety Month World Watercolor Month</p>		<p>Residents, if you are requesting something different than what is on the menu, we ask that you PLEASE let Adam know 3 hours before meal time.</p>	<p><b>BEVERAGES</b></p> <p><b>Breakfast</b> Cranberry Juice Coffee - Hot Tea Hot Chocolate Milk - Water</p> <p><b>Lunch &amp; Dinner</b> Cranberry Juice Coffee - Hot Tea Lemonade Water - Ice Tea</p>