

# Lakewood Gardens 2026

## January Menu

Menu subject  
to change  
without prior notice.  
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>“Every January sunset writes a poem about hope on the winter sky.”</p> <p>~ <i>Emily Dickinson</i></p>	<p>Residents, if you are requesting something different than what is on the menu, we ask that you PLEASE let Adam know 3 hours before meal time.</p> <p><b>BEVERAGES</b></p> <p><b>Breakfast</b></p> <p>Cranberry Juice Coffee - Hot Tea Hot Chocolate Milk - Water</p> <p><b>Lunch &amp; Dinner</b></p> <p>Cranberry Juice Coffee - Hot Tea Lemonade Water - Ice Tea</p>	<p><b>The Month of January is...</b></p> <p>Alzheimer Awareness Month Be Kind To Food Servers Month Big and Tall Month Int'l Creativity Month Nat'l Blood Donor Month Nat'l Eye Care Month Nat'l Fiber Focus Month Nat'l Get Organized Month Nat'l Glaucoma Awareness Month Nat'l Hobby Month Nat'l Hot Tea Month</p> <p>Nat'l Maybe I Will and Maybe I Won't Nat'l Meat Month Nat'l Oatmeal Month Nat'l Soup Month Nat'l Staying Healthy Month Nat'l Thank You Month Celebration of Life Month California Restaurant Month Get a Balanced Life Month Poverty Awareness Moth Self Love Month</p>	<p><b>New Year's Day BREAKFAST</b></p> <p>Fruit Juice, Milk, Bacon Malt-o-Meal, Scrambled Egg Bran Muffin, Margarine</p> <p><b>LUNCH</b></p> <p>Green Salad, Dressing, Meatloaf Mashed Potatoes, Gravy, Seasoned Zucchini, Bread, Peach Crisp</p> <p><b>DINNER</b></p> <p>Cream of Tomato Soup, Ham and Cheese Sandwich, Macaroni Salad Fresh Fruit</p>	<p><b>BREAKFAST</b></p> <p>Fruit Juice, Milk, Toast</p> <p>Oatmeal, Ham &amp; Cheese Omelet</p> <p><b>LUNCH</b></p> <p>Green Salad,Dressing, Cheese Enchiladas, Spanish Rice Refried Beans, Chocolate Cookies</p> <p><b>DINNER</b></p> <p>Lentil Soup, Swedish Meatballs over Egg Noodles, Italian Vegetables Gelatin w/Fruit</p>	<p><b>BREAKFAST</b></p> <p>Fruit Juice, Milk, Fruit Cup Cream of Rice, French Toast, Syrup</p> <p><b>LUNCH</b></p> <p>Carrot Salad, Citrus Baked Chicken Parslied Potatoes, Mixed Vegetables Bread, Ice Cream</p> <p><b>DINNER</b></p> <p>Chicken Noodle Soup BLT Sandwich, French Fries Sliced Peaches</p>	
<p><b>BREAKFAST</b></p> <p>Fruit Juice, Milk, Toast Oatmeal, Scrambed Egg w/Diced Sausage</p> <p><b>LUNCH</b></p> <p>3-Bean Salad, Roast Beef &amp; Gravy Scalloped Potatoes, Roll Yellow Cake</p> <p><b>DINNER</b></p> <p>Vegetable Soup, Surf Burger on Bun Tator Tots, Tomato, Lettuce Jello Cubes</p>	<p><b>BREAKFAST</b></p> <p>Fruit Juice, Milk, Fruit Cup Cream of Wheat, Pancakes, Syrup</p> <p><b>LUNCH</b></p> <p>Green Salad, Dressing Sweet 'n' Sour Chicken, Fried Rice Seasoned Peas, Bread Rainbow Sherbet</p> <p><b>DINNER</b></p> <p>Cream of Broccoli Soup Bologna Sandwich, Corn Chips Carrot Cake</p>	<p><b>BREAKFAST</b></p> <p>Fruit Juice, Milk, Fruit Cup Oatmeal, Hard Boiled Egg, Toast</p> <p><b>LUNCH</b></p> <p>Green Salad, Dressing, Garlic Bread Spaghetti w/Meat Sauce Sugar Cookies</p> <p><b>DINNER</b></p> <p>Beef Stew w/Vegetables Cornbread Fresh Fruit</p>	<p><b>BREAKFAST</b></p> <p>Fruit Juice, Milk, Fruit Cup Malt-o-Meal, French Toast, Syrup</p> <p><b>LUNCH</b></p> <p>Sliced Cucumber w/Vinaigrette Sliced Roast Pork, Gravy Mashed Potatoes, Broccoli, Roll Chocolate Cake</p> <p><b>DINNER</b></p> <p>Split Pea Soup, Deli Meat Sandwich Potato Salad, Pickle Wedge, Custard</p>	<p><b>BREAKFAST</b></p> <p>Fruit Juice, Milk, Oatmeal, Toast</p> <p><b>LUNCH</b></p> <p>Beet Salad, Chicken Cacciatore Egg Noodles, Seasoned Spinach Peanut Butter Cookies</p> <p><b>DINNER</b></p> <p>Vegetable Soup, Beef Fried Steak Country Gravy, Mashed Potatoes Yellow Squash, Bread, Pudding</p>	<p><b>BREAKFAST</b></p> <p>Fruit Juice, Milk, Fruit Cup Cream of Rice, Coffee Cake Scrambled Egg w/Diced Ham</p> <p><b>LUNCH</b></p> <p>Green Salad, Dressing Oven Baked Fish, Rice Pilaf Sliced Carrots, Spiced Pears</p> <p><b>DINNER</b></p> <p>Beef Barley Soup, Turkey Tetrazinni Waxed Beans, Bread, Carrot Cake</p>	<p><b>BREAKFAST</b></p> <p>Fruit Juice, Milk, Fruit Cup Oatmeal, Pancakes, Syrup</p> <p><b>LUNCH</b></p> <p>Carrot Salad, Garlic Bread Italian Style Lasagna, Zucchini Vanilla Pudding</p> <p><b>DINNER</b></p> <p>Cream of Tomato Soup Pork Rib Patties on Bun, Green Peas Chilled Pineapple Tidbits</p>
<p><b>BREAKFAST</b></p> <p>Fruit Juice, Milk, Toast Cream of Wheat, Cheese Omelet</p> <p><b>LUNCH</b></p> <p>Green Salad, Dressing, Dinner Roll Chicken Teriyaki, Rice Japanese Vegetables, Sherbet</p> <p><b>DINNER</b></p> <p>Green Salad, Cornbread Chili Con Carne, Grated Cheese Apple Crisp</p>	<p><b>BREAKFAST</b></p> <p>Fruit Juice, Milk, Fruit Cup Oatmeal, French Toast, Syrup</p> <p><b>LUNCH</b></p> <p>Green Salad, Dressing Cheese Manicotti, Green Beans Bread, Fresh Fruit</p> <p><b>DINNER</b></p> <p>Minestone Soup, Tuna Salad Sandwich on Bun, Tator Tots Custard</p>	<p><b>BREAKFAST</b></p> <p>Fruit Juice, Milk, Fruit Cup Malt-o-Meal, Scrambled Egg, Toast</p> <p><b>LUNCH</b></p> <p>Green Salad, Dressing, Bread Breaded Fish, Mashed Potatoes Sliced Carrots, Oatmeal Cookies</p> <p><b>DINNER</b></p> <p>Vegetable Soup, Ravioli Italian Vegetables, Bread, Ambrosia</p>	<p><b>BREAKFAST</b></p> <p>Fruit Juice, Milk, Oatmeal Coffee Cake, Scrambled Egg w/Diced Sausage, Fruit Cup</p> <p><b>LUNCH</b></p> <p>Green Salad, Sliced Turkey, Gravy Green Peas, Stuffing, Bread Strawberry Ice Cream</p> <p><b>DINNER</b></p> <p>Split Pea Soup, Pastrami Sandwich Potato Chips, Peaches</p>	<p><b>BREAKFAST</b></p> <p>Fruit Juice, Milk, Fruit Cup Cream of Rice, Hard Boiled Egg, Toast</p> <p><b>LUNCH</b></p> <p>Green Salad, Dressing Beef Fajitas, Flour Tortillas Refried Beans, Spanish Rice Frosted Caked</p> <p><b>DINNER</b></p> <p>Zucchini Soup, Hot Dog on Bun Oven Baked Red Potatoes Apple Whip</p>	<p><b>BREAKFAST</b></p> <p>Fruit Juice, Milk, Oatmeal Pancakes, Syrup, Fruit Cup</p> <p><b>LUNCH</b></p> <p>Green Salad, Salisbury Steak Gravy, Seasoned Spinach Whipped Potatoes, Bread Gello Cubes w/Topping</p> <p><b>DINNER</b></p> <p>Clam Chowder Sloppy Joe w/ Bun, French Fries Carrot Cake</p>	<p><b>BREAKFAST</b></p> <p>Fruit Juice, Milk, Toast Cream of Wheat, Scrambled Egg w/Diced Bacon</p> <p><b>LUNCH</b></p> <p>Green Salad w/Dressing, Bread BBQ Baked Chicken, Rice Corn with Carrots, Frosted Cake</p> <p><b>DINNER</b></p> <p>Cream of Chicken Soup Pepperoni Pizza, Green Salad Chilled Pineapple Tidbits</p>
<p><b>BREAKFAST</b></p> <p>Fruit Juice, Milk, Oatmeal Scrambled Eggs, Toast</p> <p><b>LUNCH</b></p> <p>Green Salad, Roast Pork Gravy, Au Gratin Potatoes Wax Beans, Bread Sliced Spice Apples</p> <p><b>DINNER</b></p> <p>Bean Soup, Grilled Cheese Sandwich Carrots, Pineapple Salad, Fresh Fruit</p>	<p><b>Martin Luther King Jr. Day</b></p> <p><b>BREAKFAST</b></p> <p>Fruit Juice, Milk, Fruit Cup Cream of Rice, French Toast, Syrup</p> <p><b>LUNCH</b></p> <p>Diced Tomato Salad Stir Fry Chicken, Vegetables Steamed Rice, Chocolate Pudding</p> <p><b>DINNER</b></p> <p>Cream of Broccoli Soup Beef and Macaroni, Zucchini Bread, Cran-Apple Crisp</p>	<p><b>BREAKFAST</b></p> <p>Fruit Juice, Milk, Oatmeal Hard Boiled Egg, Toast</p> <p><b>LUNCH</b></p> <p>Green Salad, Dressing, Beef Steak Gravy, Corn w/Pimento Mashed Potatoes, Pineapple Cake</p> <p><b>DINNER</b></p> <p>Tomato Soup, Tuna Salad Sandwich 3-Bean Salad Sliced Peaches</p>	<p><b>BREAKFAST</b></p> <p>Fruit Juice, Milk, Fruit Cup Cream of Wheat, Pancakes, Syrup</p> <p><b>LUNCH</b></p> <p>Sliced Cucumber w/Sour Cream Beef Stroganoff over Noodles Broccoli, Bread, Fresh Fruit Cup</p> <p><b>DINNER</b></p> <p>Chicken Noodle Soup Hamburger on Bun, French Fries Brownie</p>	<p><b>BREAKFAST</b></p> <p>Fruit Juice, Milk, Fruit Cup Cream of Rice, Hard Boiled Egg, Toast</p> <p><b>LUNCH</b></p> <p>Green Salad, Dressing Beef Fajitas, Flour Tortillas Refried Beans, Spanish Rice Frosted Caked</p> <p><b>DINNER</b></p> <p>Zucchini Soup, Hot Dog on Bun Oven Baked Red Potatoes Apple Whip</p>	<p><b>BREAKFAST</b></p> <p>Fruit Juice, Milk, Oatmeal Pancakes, Syrup, Fruit Cup</p> <p><b>LUNCH</b></p> <p>Green Salad, Salisbury Steak Gravy, Seasoned Spinach Whipped Potatoes, Bread Gello Cubes w/Topping</p> <p><b>DINNER</b></p> <p>Clam Chowder Sloppy Joe w/ Bun, French Fries Carrot Cake</p>	<p><b>BREAKFAST</b></p> <p>Fruit Juice, Milk, Fruit Cup Otmeal, Scrambled Egg, Biscuit</p> <p><b>LUNCH</b></p> <p>Green Salad, Dressing Pork and Rice Casserole Sliced Carrots, Bread, Margarine Spiced Apple Sauce</p> <p><b>DINNER</b></p> <p>Clam Chowder Soup, Deli Meat Sandwich, Potato Chips, Cookie</p>
<p><b>BREAKFAST</b></p> <p>Fruit Juice, Milk, Fruit Cup Cream of Rice Cinnamon French Toast, Syrup</p> <p><b>LUNCH</b></p> <p>3-Bean Salad, Teriyaki Meatballs Oriental Vegetables, Rice Apple Crisp</p> <p><b>DINNER</b></p> <p>Cream of Celery Soup, Scalloped Potatoes w/Diced Ham Scandanavian Vegetables Fresh Fruit</p>	<p><b>BREAKFAST</b></p> <p>Fruit Juice, Milk, Toast Oatmeal, Scrambed Egg w/Sausage</p> <p><b>LUNCH</b></p> <p>Green Salad, Dressing Salisbury Steak, Gravy, Fluffy Rice Carrots, Pineapple Tidbits</p> <p><b>DINNER</b></p> <p>Minestrone Soup, Macaroni and Cheese, Seasoned Broccoli Garlic Bread, Peanut Butter Cookies</p>	<p><b>BREAKFAST</b></p> <p>Fruit Juice, Milk, Toast Cream of Wheat, Hard Boiled Egg</p> <p><b>LUNCH</b></p> <p>Green Salad, Dressing Oven Baked Chicken, Gravy Whipped Potatoes, Corn, Bread Fresh Fruit</p> <p><b>DINNER</b></p> <p>Beef Barley Soup Roast Beef Sandwich Potato Chips, Fresh Fruit</p>	<p><b>BREAKFAST</b></p> <p>Fruit Juice, Milk, Fruit Cup Oatmeal, Buttermilk Pancakes, Syrup</p> <p><b>LUNCH</b></p> <p>Sliced Cucumber w/Vinaigrette Sliced Roast Pork, Rice Pilaf, Wax Beans, Frosted Chocolate Cake</p> <p><b>DINNER</b></p> <p>Vegetable Soup, Oven Baked Fish Carrots, Mashed Potatoes Seasoned Spinach Strawberry Yogurt</p>	<p><b>BREAKFAST</b></p> <p>Fruit Juice, Milk, Bacon Malt-o-Meal, Scrambled Egg Bran Muffin, Margarine</p> <p><b>LUNCH</b></p> <p>Green Salad, Dressing, Meatloaf Mashed Potatoes, Gravy, Seasoned Zucchini, Bread, Peach Crisp</p> <p><b>DINNER</b></p> <p>Cream of Tomato Soup, Ham and Cheese Sandwich, Macaroni Salad Fresh Fruit</p>	<p><b>BREAKFAST</b></p> <p>Fruit Juice, Milk, Toast Oatmeal, Ham &amp; Cheese Omelet</p> <p><b>LUNCH</b></p> <p>Green Salad,Dressing, Cheese Enchiladas, Spanish Rice Refried Beans, Chocolate Cookies</p> <p><b>DINNER</b></p> <p>Lentil Soup, Swedish Meatballs over Egg Noodles, Italian Vegetables Gelatin w/Fruit</p>	<p><b>BREAKFAST</b></p> <p>Fruit Juice, Milk, Fruit Cup Cream of Rice, French Toast, Syrup</p> <p><b>LUNCH</b></p> <p>Carrot Salad, Citrus Baked Chicken Parslied Potatoes, Mixed Vegetables Bread, Ice Cream</p> <p><b>DINNER</b></p> <p>Chicken Noodle Soup BLT Sandwich, French Fries Sliced Peaches</p>