

Lakewood Gardens 2026

January Menu

Menu subject to change without prior notice.
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>“Every January sunset writes a poem about hope on the winter sky.”</p> <p>~ Emily Dickinson</p>	<p>Residents, if you are requesting something different than what is on the menu, we ask that you PLEASE let Adam know 3 hours before meal time.</p> <p>BEVERAGES</p> <p>Breakfast</p> <ul style="list-style-type: none"> Cranberry Juice Coffee - Hot Tea Hot Chocolate Milk - Water <p>Lunch & Dinner</p> <ul style="list-style-type: none"> Cranberry Juice Coffee - Hot Tea Lemonade Water - Ice Tea 	<p>BEVERAGES</p> <p>Breakfast</p> <ul style="list-style-type: none"> Cranberry Juice Coffee - Hot Tea Hot Chocolate Milk - Water <p>Lunch & Dinner</p> <ul style="list-style-type: none"> Cranberry Juice Coffee - Hot Tea Lemonade Water - Ice Tea 	<p>The Month of January is...</p> <p>Alzheimer Awareness Month</p> <p>Be Kind To Food Servers Month</p> <p>Big and Tall Month</p> <p>Int'l Creativity Month</p> <p>Int'l Blood Donor Month</p> <p>Int'l Eye Care Month</p> <p>Int'l Fiber Focus Month</p> <p>Int'l Get Organized Month</p> <p>Int'l Glaucoma Awareness Month</p> <p>Int'l Hobby Month</p> <p>Int'l Hot Tea Month</p> <p>Nat'l Maybe I Will and Maybe I Won't</p> <p>Nat'l Meat Month</p> <p>Nat'l Oatmeal Month</p> <p>Nat'l Soup Month</p> <p>Nat'l Staying Healthy Month</p> <p>Nat'l Thank You Month</p> <p>Celebration of Life Month</p> <p>California Restaurant Month</p> <p>Get a Balanced Life Month</p> <p>Poverty Awareness Month</p> <p>Self Love Month</p>	<p>New Year's Day BREAKFAST</p> <ul style="list-style-type: none"> Fruit Juice, Milk, Bacon Malt-o-Meal, Scrambled Egg Bran Muffin, Margarine <p>LUNCH</p> <ul style="list-style-type: none"> Green Salad, Dressing, Meatloaf Mashed Potatoes, Gravy, Seasoned Zucchini, Bread, Peach Crisp <p>DINNER</p> <ul style="list-style-type: none"> Cream of Tomato Soup, Ham and Cheese Sandwich, Macaroni Salad Fresh Fruit 	<p>BREAKFAST</p> <ul style="list-style-type: none"> Fruit Juice, Milk, Toast Oatmeal, Ham & Cheese Omelet <p>LUNCH</p> <ul style="list-style-type: none"> Green Salad, Dressing, Cheese Enchiladas, Spanish Rice Refried Beans, Chocolate Cookies <p>DINNER</p> <ul style="list-style-type: none"> Lentil Soup, Swedish Meatballs over Egg Noodles, Italian Vegetables Gelatin w/Fruit 	<p>BREAKFAST</p> <ul style="list-style-type: none"> Fruit Juice, Milk, Fruit Cup Cream of Rice, French Toast, Syrup <p>LUNCH</p> <ul style="list-style-type: none"> Carrot Salad, Citrus Baked Chicken Parslied Potatoes, Mixed Vegetables Bread, Ice Cream <p>DINNER</p> <ul style="list-style-type: none"> Chicken Noodle Soup BLT Sandwich, French Fries Sliced Peaches
<p>BREAKFAST</p> <ul style="list-style-type: none"> Fruit Juice, Milk, Toast Oatmeal, Scrambed Egg w/Diced Sausage <p>LUNCH</p> <ul style="list-style-type: none"> 3-Bean Salad, Roast Beef & Gravy Scalloped Potatoes, Roll Yellow Cake <p>DINNER</p> <ul style="list-style-type: none"> Vegetable Soup, Surf Burger on Bun Tator Tots, Tomato, Lettuce Jello Cubes 	<p>BREAKFAST</p> <ul style="list-style-type: none"> Fruit Juice, Milk, Fruit Cup Cream of Wheat, Pancakes, Syrup <p>LUNCH</p> <ul style="list-style-type: none"> Green Salad, Dressing Sweet 'n' Sour Chicken, Fried Rice Seasoned Peas, Bread Rainbow Sherbet <p>DINNER</p> <ul style="list-style-type: none"> Cream of Broccoli Soup Bologna Sandwich, Corn Chips Carrot Cake 	<p>BREAKFAST</p> <ul style="list-style-type: none"> Fruit Juice, Milk, Fruit Cup Oatmeal, Hard Boiled Egg, Toast <p>LUNCH</p> <ul style="list-style-type: none"> Green Salad, Dressing, Garlic Bread Spaghetti w/Meat Sauce Sugar Cookies <p>DINNER</p> <ul style="list-style-type: none"> Beef Stew w/Vegetables Cornbread Fresh Fruit 	<p>BREAKFAST</p> <ul style="list-style-type: none"> Fruit Juice, Milk, Fruit Cup Malt-o-Meal, French Toast, Syrup <p>LUNCH</p> <ul style="list-style-type: none"> Sliced Cucumber w/Vinaigrette Sliced Roast Pork, Gravy Mashed Potatoes, Broccoli, Roll Chocolate Cake <p>DINNER</p> <ul style="list-style-type: none"> Split Pea Soup, Deli Meat Sandwich Potato Salad, Pickle Wedge, Custard 	<p>BREAKFAST</p> <ul style="list-style-type: none"> Fruit Juice, Milk, Oatmeal Oatmeal, Toast <p>LUNCH</p> <ul style="list-style-type: none"> Beet Salad, Chicken Cacciatore Egg Noodles, Seasoned Spinach Peanut Butter Cookies <p>DINNER</p> <ul style="list-style-type: none"> Vegetable Soup, Beef Fried Steak Country Gravy, Mashed Potatoes Yellow Squash, Bread, Pudding 	<p>BREAKFAST</p> <ul style="list-style-type: none"> Fruit Juice, Milk, Fruit Cup Cream of Rice, Coffee Cake Scrambled Egg w/Diced Ham <p>LUNCH</p> <ul style="list-style-type: none"> Green Salad, Dressing Oven Baked Fish, Rice Pilaf Sliced Carrots, Spiced Pears <p>DINNER</p> <ul style="list-style-type: none"> Beef Barley Soup, Turkey Tetrazzini Waxed Beans, Bread, Carrot Cake 	<p>BREAKFAST</p> <ul style="list-style-type: none"> Fruit Juice, Milk, Fruit Cup Oatmeal, Pancakes, Syrup <p>LUNCH</p> <ul style="list-style-type: none"> Carrot Salad, Garlic Bread Italian Style Lasagna, Zucchini Vanilla Pudding <p>DINNER</p> <ul style="list-style-type: none"> Cream of Tomato Soup Pork Rib Patties on Bun, Green Peas Chilled Pineapple Tidbits
<p>BREAKFAST</p> <ul style="list-style-type: none"> Fruit Juice, Milk, Toast Cream of Wheat, Cheese Omelet <p>LUNCH</p> <ul style="list-style-type: none"> Green Salad, Dressing, Dinner Roll Chicken Teriyaki, Rice Japanese Vegetables, Sherbet <p>DINNER</p> <ul style="list-style-type: none"> Green Salad, Cornbread Chili Con Carne, Grated Cheese Apple Crisp 	<p>BREAKFAST</p> <ul style="list-style-type: none"> Fruit Juice, Milk, Fruit Cup Oatmeal, French Toast, Syrup <p>LUNCH</p> <ul style="list-style-type: none"> Green Salad, Dressing Cheese Manicotti, Green Beans Bread, Fresh Fruit <p>DINNER</p> <ul style="list-style-type: none"> Minestone Soup, Tuna Salad Sandwich on Bun, Tator Tots Custard 	<p>BREAKFAST</p> <ul style="list-style-type: none"> Fruit Juice, Milk, Fruit Cup Malt-o-Meal, Scrambled Egg, Toast <p>LUNCH</p> <ul style="list-style-type: none"> Green Salad, Dressing, Bread Breaded Fish, Mashed Potatoes Sliced Carrots, Oatmeal Cookies <p>DINNER</p> <ul style="list-style-type: none"> Vegetable Soup, Ravioli Italian Vegetables, Bread, Ambrosia 	<p>BREAKFAST</p> <ul style="list-style-type: none"> Fruit Juice, Milk, Oatmeal Coffee Cake, Scrambled Egg w/Diced Sausage, Fruit Cup <p>LUNCH</p> <ul style="list-style-type: none"> Green Salad, Sliced Turkey, Gravy Green Peas, Stuffing, Bread Strawberry Ice Cream <p>DINNER</p> <ul style="list-style-type: none"> Split Pea Soup, Pastrami Sandwich Potato Chips, Peaches 	<p>BREAKFAST</p> <ul style="list-style-type: none"> Fruit Juice, Milk, Fruit Cup Cream of Rice, Hard Boiled Egg, Toast <p>LUNCH</p> <ul style="list-style-type: none"> Green Salad, Dressing Beef Fajitas, Flour Tortillas Refried Beans, Spanish Rice <p>DINNER</p> <ul style="list-style-type: none"> Zucchini Soup, Hot Dog on Bun Oven Baked Red Potatoes Apple Whip 	<p>BREAKFAST</p> <ul style="list-style-type: none"> Fruit Juice, Milk, Oatmeal Pancakes, Syrup, Fruit Cup <p>LUNCH</p> <ul style="list-style-type: none"> Green Salad, Salisbury Steak Gravy, Seasoned Spinach Whipped Potatoes, Bread <p>DINNER</p> <ul style="list-style-type: none"> Clam Chowder Sloppy Joe w/ Bun, French Fries Carrot Cake 	<p>BREAKFAST</p> <ul style="list-style-type: none"> Fruit Juice, Milk, Toast Cream of Wheat, Scrambled Egg w/Diced Bacon <p>LUNCH</p> <ul style="list-style-type: none"> Green Salad w/Dressing, Bread BBQ Baked Chicken, Rice Corn with Carrots, Frosted Cake <p>DINNER</p> <ul style="list-style-type: none"> Cream of Chicken Soup Pepperoni Pizza, Green Salad Chilled Pineapple Tidbits
<p>BREAKFAST</p> <ul style="list-style-type: none"> Fruit Juice, Milk, Oatmeal Scrambled Eggs, Toast <p>LUNCH</p> <ul style="list-style-type: none"> Green Salad, Roast Pork Gravy, Au Gratin Potatoes Wax Beans, Bread Sliced Spice Apples <p>DINNER</p> <ul style="list-style-type: none"> Bean Soup, Grilled Cheese Sandwich Carrots, Pineapple Salad, Fresh Fruit 	<p>Martin Luther King Jr. Day BREAKFAST</p> <ul style="list-style-type: none"> Fruit Juice, Milk, Fruit Cup Cream of Rice, French Toast, Syrup <p>LUNCH</p> <ul style="list-style-type: none"> Diced Tomato Salad Stir Fry Chicken, Vegetables Mashed Rice, Chocolate Pudding <p>DINNER</p> <ul style="list-style-type: none"> Cream of Broccoli Soup Beef and Macaroni, Zucchini Bread, Cran-Apple Crisp 	<p>BREAKFAST</p> <ul style="list-style-type: none"> Fruit Juice, Milk, Oatmeal Hard Boiled Egg, Toast <p>LUNCH</p> <ul style="list-style-type: none"> Green Salad, Dressing, Beef Steak Gravy, Corn w/Pimento Mashed Potatoes, Pineapple Cake <p>DINNER</p> <ul style="list-style-type: none"> Tomato Soup, Tuna Salad Sandwich 3-Bean Salad Sliced Peaches 	<p>BREAKFAST</p> <ul style="list-style-type: none"> Fruit Juice, Milk, Fruit Cup Cream of Wheat, Pancakes, Syrup <p>LUNCH</p> <ul style="list-style-type: none"> Sliced Cucumber w/Sour Cream Beef Stroganoff over Noodles Broccoli, Bread, Fresh Fruit Cup <p>DINNER</p> <ul style="list-style-type: none"> Chicken Noodle Soup Hamburger on Bun, French Fries Brownie 	<p>BREAKFAST</p> <ul style="list-style-type: none"> Fruit Juice, Milk, Fruit Cup Cream of Rice, Hard Boiled Egg, Toast <p>LUNCH</p> <ul style="list-style-type: none"> Green Salad, Dressing Beef Fajitas, Flour Tortillas Refried Beans, Spanish Rice <p>DINNER</p> <ul style="list-style-type: none"> Zucchini Soup, Hot Dog on Bun Oven Baked Red Potatoes Apple Whip 	<p>BREAKFAST</p> <ul style="list-style-type: none"> Fruit Juice, Milk, Oatmeal Pancakes, Syrup, Fruit Cup <p>LUNCH</p> <ul style="list-style-type: none"> Green Salad, Dressing Beef Fajitas, Flour Tortillas Refried Beans, Spanish Rice <p>DINNER</p> <ul style="list-style-type: none"> Clam Chowder Sloppy Joe w/ Bun, French Fries Carrot Cake 	<p>BREAKFAST</p> <ul style="list-style-type: none"> Fruit Juice, Milk, Fruit Cup Otmeal, Scrambled Egg, Biscuit <p>LUNCH</p> <ul style="list-style-type: none"> Green Salad, Dressing Pork and Rice Casserole Sliced Carrots, Bread, Margarine <p>DINNER</p> <ul style="list-style-type: none"> Spiced Apple Sauce Clam Chowder Soup, Deli Meat Sandwich, Potato Chips, Cookie
<p>BREAKFAST</p> <ul style="list-style-type: none"> Fruit Juice, Milk, Fruit Cup Cream of Rice Cinnamon French Toast, Syrup <p>LUNCH</p> <ul style="list-style-type: none"> 3-Bean Salad, Teriyaki Meatballs Oriental Vegetables, Rice Apple Crisp <p>DINNER</p> <ul style="list-style-type: none"> Cream of Celery Soup, Scalloped Potatoes w/Diced Ham Scandanavian Vegetables Fresh Fruit 	<p>BREAKFAST</p> <ul style="list-style-type: none"> Fruit Juice, Milk, Toast Oatmeal, Scrambed Egg w/Sausage <p>LUNCH</p> <ul style="list-style-type: none"> Green Salad, Dressing Salisbury Steak, Gravy, Fluffy Rice Carrots, Pineapple Tidbits <p>DINNER</p> <ul style="list-style-type: none"> Minestrone Soup, Macaroni and Cheese, Seasoned Broccoli Garlic Bread, Peanut Butter Cookies 	<p>BREAKFAST</p> <ul style="list-style-type: none"> Fruit Juice, Milk, Toast Cream of Wheat, Hard Boiled Egg <p>LUNCH</p> <ul style="list-style-type: none"> Green Salad, Dressing Oven Baked Chicken, Gravy Whipped Potatoes, Corn, Bread Fresh Fruit <p>DINNER</p> <ul style="list-style-type: none"> Beef Barley Soup Roast Beef Sandwich Potato Chips, Fresh Fruit 	<p>BREAKFAST</p> <ul style="list-style-type: none"> Fruit Juice, Milk, Fruit Cup Oatmeal, Buttermilk Pancakes, Syrup <p>LUNCH</p> <ul style="list-style-type: none"> Sliced Cucumber w/Vinaigrette Sliced Roast Pork, Rice Pilaf, Wax Beans, Frosted Chocolate Cake <p>DINNER</p> <ul style="list-style-type: none"> Vegetable Soup, Oven Baked Fish Carrots, Mashed Potatoes Seasoned Spinach Strawberry Yogurt 	<p>BREAKFAST</p> <ul style="list-style-type: none"> Fruit Juice, Milk, Bacon Malt-o-Meal, Scrambled Egg Bran Muffin, Margarine <p>LUNCH</p> <ul style="list-style-type: none"> Green Salad, Dressing, Meatloaf Mashed Potatoes, Gravy, Seasoned Zucchini, Bread, Peach Crisp <p>DINNER</p> <ul style="list-style-type: none"> Cream of Tomato Soup, Ham and Cheese Sandwich, Macaroni Salad Fresh Fruit 	<p>BREAKFAST</p> <ul style="list-style-type: none"> Fruit Juice, Milk, Toast Oatmeal, Ham & Cheese Omelet <p>LUNCH</p> <ul style="list-style-type: none"> Green Salad, Dressing, Cheese Enchiladas, Spanish Rice Refried Beans, Chocolate Cookies <p>DINNER</p> <ul style="list-style-type: none"> Lentil Soup, Swedish Meatballs over Egg Noodles, Italian Vegetables Gelatin w/Fruit 	<p>BREAKFAST</p> <ul style="list-style-type: none"> Fruit Juice, Milk, Fruit Cup Cream of Rice, French Toast, Syrup <p>LUNCH</p> <ul style="list-style-type: none"> Carrot Salad, Citrus Baked Chicken Parslied Potatoes, Mixed Vegetables Bread, Ice Cream <p>DINNER</p> <ul style="list-style-type: none"> Chicken Noodle Soup BLT Sandwich, French Fries Sliced Peaches